

<i>Nav area</i>	<b>HF NBDP Station <u>6314 kHz</u></b>	<i>Country</i>	<i>Broadcast rx'd at my QTH</i>
<b>Nav area 4</b>	Boston	USA MA	0140
<b><u>8416.5 kHz</u></b>			
<b>Nav area 4</b>	Boston	USA MA	0140 1630
<b>Nav area 4</b>	Iqaluit	Canada NU	0330
<b>Nav area 6</b>	Buenos Aires	Argentina	0030 0300 1000 2100
<b>Nav area 12</b>	Honolulu ( <i>Rare</i> )	Hawaii	0730, 1330, 2030
<b>Nav area 19</b>	Isfjord	Norway	0630 1830 2330
<b>Nav area 20</b>	UAT Moscow	Russia	0715 1915
<b><u>12579 kHz</u></b>			
<b>Nav area 4</b>	Boston	USA MA	0140 1630
<b>Nav area 4</b>	Iqaluit	Canada NU	0330
<b>Nav area 6</b>	Buenos Aires	Argentina	0030 0300 1000 2100
<b>Nav area 19</b>	Isfjord	Norway	1100
<b>Nav area 20</b>	UAT Moscow	Russia	0715 1915
<b><u>16806.5 kHz</u></b>			
<b>Nav area 4</b>	Boston	USA MA	1630
<b>Nav area 6</b>	Buenos Aires	Argentina	0030 0300 1000 2100