

Freq. (kHz)	MF MSI Broadcasts Station	Country	Broadcast times rx'd (UTC)
Met Area 1			
1650	FRC Gris Nez	France	1933
1659	TFT Hornafjoerdur	Iceland	2005 2305
1665	LGT Tjoeme	Norway South	1433 2233
1677	EJM Malin Head	Ireland	0033 2033
1680	LGL Floroe	Norway	1033 1433 1833
1692	LGQ Rogaland	Norway	1433 1833 2233 2315
1704	OXZ Lyngby	Denmark	2133
1710	SDJ Grimeton	Sweden	1800
1728	LGN Bergen	Norway	1033 1215 1433 2233 2315
1734	OXB Blaavand (Lyngby)	Denmark	1733
1770	GHD Shetland	Scotland	1910
1779	SDJ Bjuroeklubb	Sweden	1800
1782	LFO Oerlandet	Norway	1033 1433 1833 2315
1785	LGZ Farsund	Norway	1033 1433 1833 2233 2315
1797	SDJ Gisloevshammar	Sweden	1800
1880	GLD Fامouth	England	1910
1925	GCC Humber	England	1950
2226	GND Aberdeen	Scotland	1930
2586	OYE Roenne (Langby)	Denmark	1733
2677	FRC Gris Nez	France	1933
2720	SOS Witowo	Poland	1733 1935
2724	TFZ Isafjoerdur	Iceland	2003
2733	SAH Haernoessand	Sweden	1800
2761	OSU Oostende	Belgium	1033 1833
Met area 2			
1650	FRA 2 Corsen	France	1515 1915
1656	EAL Huelva (Las Palmas)	Canaries	2003 2303
1677	EAS Cabo De Pennas (Corunna)	Spain	1503 1903
1698	EARCorunna	Spain	1903 2317
1707	EAS Machichaco (Corunna)	Spain	1503 1903
1764	EAF Finisterre (Corunna)	Spain	1503 1903
2657	CTA Centro	Portugal	1905
2677	FRA 2 Corsen	France	1515 1915
Met area 3			
1696	FRN2 La Garde	France	2100
1852	IPP Palermo	Italy	1935 2003
1855	IQP San Benedetto (Roma)	Italy	1935
1876	IQN Lampedusa (Palermo)	Italy	1935
1888	IPD Roma	Italy	1935 2003
2579	IPL Bari (Palermo)	Italy	2003
2591	IPL Livorno (Roma)	Italy	1935 2003
2600	IQQ Mazara d. Vallo (Palermo)	Italy	2003
2624	IQX Trieste (Roma)	Italy	1935 2003

2628	IQA Augusta (Palermo)	Italy	1935
2632	IQH Napoli (Palermo)	Italy	1935
2656	IPA Ancona (Roma)	Italy	1935 2003
2663	IPC Crotone (Palermo)	Italy	2003
2677	FRN2 La Garde	France	2100
2680	IDC Cagliari (Roma)	Italy	1935 2003
2719	IZN Porto Torres (Roma)	Italy	1935 2003
2748	Constanta	Roumania	1933

Met area 4

2582	ZBR Bermuda	Bermuda	2035
2598	VBQ22 Natashquan (Escoumins)	Canada	2317
2598	VCM St Anthony (Labrador)	Canada	1937
2598	VOK Labrador	Canada	2037
2598	VON St John's (Placentia)	Canada	2207
2749	VAR9 Yarmouth (Halifax)	Canada	2040
2749	VCN Escoumins	Canada	2010

Met area 19

1710	LGY Sandnessjoeen	Norway	2303
1731	LML Isfjord	Norway	2303
1743	LMJ Jan Mayen	Norway	2303
1770	LGP Bodoe	Norway	2303

HF MSI Broadcasts

Freq. (MHz)	Station	Country	Broadcast times rx'd (UTC)
3.624	YKM7 Lattakia	Syria	1200
4.405	TAH Istanbul Turk	Turkey	1800
6.501	NMN Portsmouth	USA	2130 2315
6.765.1	HSW Bangkok	Thailand	1500 1800
8.502	NMG New Orleans	USA	2130
8.743	HSW Bangkok	Thailand	1800
8.764	NMN Portsmouth	USA	1115 1530 2130 2315
8.776	SVO Athens	Greece	1950
8.785	YQI Constanta	Roumania	1830
8.812	VRX Hong Kong	Hong kong	1933
8.812	TAH Istanbul Turk	Turkey	1800
13.089	NMN Portsmouth	USA	1115 1530